```
105 ENTER "
                    clears user message
      108 ENTER "
                    heart rate manual useage
11 ^
      109 ENTER "
                    stat summary (same at STATS key)
11 ^
      348 ENTER "
                    fit test on the 4600s ('346' = 'FIT')
11 ^
      777 ENTER "
                    clear the contact heart rate statistics (currently 5400
11 ^
      778 ENTER "
                    show the contact heart rate statistics (currently 5400 o
     1650 ENTER "
                    enter user program (customer interval exercise)
     2121 ENTER "
                    user message on
     2123 ENTER "
                    user message off
11 ^
     2526 ENTER "
                    switch STRATUS between gear ratio 24:1 or 30:1
" ^
     7607 ENTER "
                    user message
11 ^
     7703 ENTER "
                    display machine usage (total on-time, workouts etc.)
11 ^
                    configure the speaker to be on or off
     7704 ENTER "
11 ^
     7705 ENTER "
                    configure the heart rate monitor to be on or off
     7706 ENTER "
                    configure the 5400 brake to be on or off
     7707 ENTER "
                    configure JACKPOT. 0 to 1 odds = OFF, (1>>999) to 1 = ON
11 ^
     7708 ENTER "
                    engages the FIREMANS FIT TEST. This works on STEPMILL ON
     7709 ENTER "
                    configure the heart rate interface board type
" ^
     7424 ENTER "
                    language (english, german, french, etc.)
11 ^
     7425 ENTER "
                    key map (old XROBIC only)
11 ^
     9760 ENTER "
                    units (metric or english)
     9766 ENTER "
                    change 1650<>2650, 4400PT<>7000, STRATUS CLINICAL ON<>OF
" ^ 52475 ENTER "
                    store MAX MINUTES as max time (60 minutes = MAX MINUTES
" ^ 97405 ENTER "
                    store a new maximum time
" ^ 22849 ENTER "
                    TECH MODE will be displayed. Then enter one of the follo
                  O Display configuration (language, units, machine type, et
                  1 Set to demo mode
                  2 Ram test
                  3 Set heart rate inputs and types (REMOVED 4/8/99)
                  4 Serial port test (requires a loop-back connector)
                  5 Clear configurations (77xx settings)
                  6 Clear configurations and meter variables (77xx and 7703)
                  7 Alternator field test
                  8 Force regrogramming of console to different machine type
                  9 Set the board type as C4 or C5 (Test code only)
      107 ENTER "
                    DIAGNOSTIC MODE will be displayed. Enter one of the foll
                  0 Test the display
                  1 Test the speaker
                  2 Test the keyboard
                  3 Speed test
                  4 Display software revision and date
                  5 NOTHING
                  6 Brake cycling test (STRIDER) continuous, requires stide
                  7 Brake manual operation (STRIDER) no stride sensor requir
                  8 NOTHING
                  9 NOTHING
     YES 9766 ENTER
                        STRENGTH UNITS to Configure Unit Type
                  0 Leg Press
```

1 Shoulder Press 2 Chest Press 3 Pull Down